

## How to use Botanical Animal Flower Essences...

Shake bottle well before using. Essences are most effective when applied on the tongue, in drinking water or on a hard treat. Use in your animal's daily care program (1 to 3 times daily), or use as a training or behavior adjunct (1 hour before needed). Safe to use during competition.

### ORAL

Place drops in the animal's mouth. Rinse dropper thoroughly if it contacts the mouth.

Cats and small animals: 4-8 drops per use  
 Dogs and medium animals: 6-10 drops per use  
 Horses and large animals: 1/3 - 1/2 eyedropper per use

### WATER

Double the dose recommended for oral usage. Add directly to animal's water bowl or bucket. Change water daily for best results. Replenish the essences with each water change.

### MIST

Add 15 drops to 8 oz of purified or spring water in a spray bottle (preferably with atomizer spray). Spray directly into the air, in and around the animal's nose, mouth, and paws. Spray on their favorite toys, bedding and blankets.



### FOOD

Add recommended dosage (same as oral dosage) to your animal's favorite treat—best to use on treats that will not quickly absorb the value of the essences, like biscuits, carrots or apples. The least effective way to use the essences is mixed in their food.



*Note: The rhythmic use of the remedies aids in the strength of their actions. The potency is increased by using them on a more frequent and consistent basis, not by using more drops at a time.*

*Disclaimer: The blends in this brochure are not meant to diagnose, treat, cure or prevent disease, or replace the advice of your veterinarian or animal health care practitioner.*

From the creators of



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*Behavior Modification in a Bottle*

*Botanical Animal Flower Essence blends are issue specific, not animal specific, and can be mixed and matched.*

## Why Flower Essences?

The world for pets, as it does for humans, presents an abundance of uncertainties that *challenge* conventional treatments for optimum health. Pioneered in the early 1900's by Dr. Edward Bach, a famous English physician and trained bacteriologist who later converted to homeopathy, flower essence therapy has since become a common adjunct to conventional treatments in the pursuit of wellness for our animals.

Dr. Bach believed that diseases of the body are the result of negativity and imbalances directly attached to the inner soul, and that flower essences act to balance that emotional and spiritual energy within.

Flower essences are liquid plant preparations that are made by infusing the fresh flower blossom under very specific conditions to create a potentized flower extract. Remarkably, all of the 38 original remedies developed by Dr. Bach, are still in existence today. In fact there are now hundreds of flower essences available as single essences.

For more than 10 years now, Equilite has been the leader in creating flower essence blends, combining a number single essences to address the specific needs of the animals we so love and enjoy. By understanding and knowing the issues that affect our pets, Equilite has created a specialized line of flower essence blends that work synergistically to address the common conditions that affect all our animals at one time or another throughout their lives. Trauma, stress, abandonment, loss of a loved one, aggression, insecurity and other emotional issues are just some of the conditions that Equilite's line of Botanical Animal Flower Essences are designed to address. Try an essence today, and begin a renewed and healthful relationship with your pet. *Enjoy!*

*Stacey P. Small*

Stacey Palmer Small

*Since Flower Essences are based upon vibrational energies, they have no direct impact upon the body's biochemistry. They are non-habit forming, non-toxic remedies. There are no contraindications to any healing modalities or drug protocols. Flower Essences are safe to use during competition.*

### AVAILABLE IN

- 1 ounce/30 ml bottle \* \$15.95
- 2 ounce/60 ml bottle \* \$29.95
- 4 ounce/120 ml bottle \* \$52.95

### ANGEL OF MERCY

When there is extreme neglect and physical abuse present. Address issues of trauma, shock, fear, devastation, low self-esteem, feeling unsafe and insecure or unloved and unwanted. *For any animal that has ever been rescued from a shelter!*

### CLEAR THINKING

Helps animals that are spaced-out, unfocused, easily distracted and overwhelmed by external stimuli. Those not able to pay attention or are unable to concentrate for any length of time. Helps to increase memory retention while improving capacity to learn new things.

### DEVIL BE GONE (replaces *Lighten Up/Tone Down*)

Deals with the willful, overly aggressive, hostile, stubborn, moody, and cantankerous animal whose behavior is considered dangerous. Addresses biting, snapping, unprovoked attacks on other animals or people and the obsessive need to protect the caregiver. Especially effective on animals that are intent on causing harm to themselves, other animals or people. *Try this before giving up on them!*

### EASY DOES IT

For incidents of obsessive, destructive or disruptive behavior to property. This might include the chewing of household items, urinating on furniture when left alone, demanding exclusive attention at all times, and constant barking or crying. Helps address frustration, loneliness, jealousy, over-protectiveness, boredom, and feeling victimized.

### EGO BUILDER

Helps those animals that experience a lack of self-confidence and are afraid to face new situations. For the shy, timid, fearful, withdrawn, apathetic, or uncertain ones. Excellent for any animal that seems reluctant or unwilling to meet the challenges or training expected of them. (i.e., entering a ring, crossing water, jump hurdles, etc.)

### INDEPENDENCE (replaces *Safe Keeping/Weaning Blend*)

Helps to ease separation anxiety when being removed from their owner, mother or herd members. Addresses issues of abandonment, rejection, and worthlessness. Great to use when you go out of town or when a horse is weaned from his herd. Allows them to stand on their own without fear or anxiety.

### IN TRAINING BLEND

Improves the animal's patience and ability to be more tolerant and accepting of those things they do not understand or tasks they do not want to do. Helps to establish a one-on-one bond with the trainer or handler and gives the animal the confidence it needs to face new situations. Increases the animal's mental focus and responsiveness to training routines. Helps them to work with you not against you.

### LIFE'S CHANGES (replaces *Home Sweet Home/In Transition*)

When your animal is faced with drastic changes like the loss of a loved one or being moved to a new home. For issues of resentment, intolerance, alienation, isolation, and jealousy and feelings of sadness, heartache and depression. Re-socializes rescued animals. *Brings harmony and happiness to your home and family.*



### MELLOW OUT BLEND

Helps to calm the nervous or jittery animals who may be moody or irritable or on edge all the time. For overly anxious and anticipatory animals who tend to lose control easily. Great to use prior to competition, during thunderstorms or firework displays. *Never leave home without it.*

### OBSESS LESS (replaces *Crib Ease/Gnaw No More*)

Helps to calm the tendency towards obsessive-compulsive behavior. For incidents of self-destruction or self-mutilation, wind sucking, cribbing, chewing, licking, scratching, and plucking of feathers without cause. Addresses issues of self-loathing, frustration, boredom and feeling unclean. When obsessive and repetitive behavior loses its original intent and becomes a habit.

### RE-CHARGE (replaces *Get Psyched*)

For animals that are tired of doing the same thing repeatedly. Builds confidence in an animal to meet challenges at hand and instills the desire to win. Stimulates the vital energies which combat exhaustion and emotional fatigue. Restores energy and revitalizes the spirits after a race or competition. Provides additional boost of stamina to help prevent burnout.

### SAFE JOURNEY (replaces *En Route/Settle In Shipper*)

For courage to face trailering and traveling issues. Addresses nervousness, hysteria, anxiety, fear of confined spaces and motion sickness during travel. Will make the animal feel safe and secure and release attachments to those left behind. *Make traveling easier on them!*

### WELLNESS/RECOVERY BLEND

Assists in the emotional healing process, especially regarding a critical life threatening illness, accident or operation. Instills the will to live, regain stamina and consciousness and cope with hardships in life.

